

# 免費或低收費 醫療健保計劃 就在您身邊 今天立即申請



## 基本健保計劃 The Essential Plan

紐約州衛生署提供的基本健保計劃乃為年齡19至64歲、不符合資格申請政府醫療補助(Medicaid)或兒童健保(Child Health Plus)的紐約地區低收入居民而設。您可以隨時投保(家庭年收入低於\$52,400\*。)

您將享有：

- 每月\$0或\$20保費(根據收入而定)
- 無自付扣除金
- 門診、住院和處方藥承保
- 急診護理
- 專科醫生無需轉介
- 牙科和視覺福利\*\*
- 健身房福利：每個計劃年度您可以獲得高達\$400的報銷金額。每六個月期間，您若到訪健身中心至少50次，便可報銷\$200。

今天就致電查詢有關詳情

\*根據2020年紐約居民四人家庭收入

\*\*視覺和牙科福利可在購買 Essential Plus Plans 時加購，或作為 Essential Plan 3 和 4 計劃的標準福利來享用；但這些福利不包括在 Essential Plan 1 和 2 標準計劃內。加入 Essential Plan Plus 計劃的人仕需要分擔部份費用。



紐約州贊助的醫療保險計劃。

要了解更多有關透過紐約州衛生局官方健康計劃申請醫療保險，包括政府醫療補助(Medicaid)，兒童健保(Child Health Plus)和基本健保計劃(Essential Plan)，可瀏覽 [www.nystateofhealth.ny.gov](http://www.nystateofhealth.ny.gov) 或致電 1-855-355-5777。

如欲知你可否獲得聯合健康保險社區健保計劃提供的政府資助管理式健保(Medicaid Managed Care)或兒童健保(Child Health Plus)，請致電 1-800-632-6311 查詢。

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# Get a no-cost or low-cost health insurance plan that's right for you. Apply today.



## The Essential Plan.

The Essential Plan through NY State of Health is for lower-income New York residents between the ages of 19-64 who don't qualify for Medicaid or Child Health Plus. You can enroll at any time. *(Annual household income less than \$52,400 \*.)*

### You'll get:

- Premiums could be as low as \$0 or \$20 a month (depending on income).
- No deductible.
- Doctor visits, inpatient care at a hospital and prescription drugs are covered.
- Emergency care.
- No referral is needed to see a specialist.
- Dental and vision benefits.\*\*
- Gym membership. You can get reimbursed up to \$400 per plan year. That's \$200 for each six-month enrollment period when you attend the gym at least 50 times.

## Call today to learn more.

\* Based on a 4-person household level for New York residents for 2020.

\*\* Vision and dental benefits are available through purchase of Essential Plus plans or as a standard benefit in Essential Plan 3 and 4 plans; these benefits are not available for Essential Plan 1 and 2 Standard Plans. Cost sharing will apply for those in Essential Plan Plus plans.



New York State sponsored health insurance programs.

To learn more about applying for health insurance, including Medicaid, Child Health Plus, Essential Plan, and Qualified Health Plans through NY State of Health, The Official Health Plan Marketplace, visit [www.nystateofhealth.ny.gov](http://www.nystateofhealth.ny.gov) or call 1-855-355-5777.

To find out if you qualify for Medicaid Managed Care or Child Health Plus offered by UnitedHealthcare Community Plan, please call 1-800-632-6311.

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